

**Programme of events** 

**DONATE £10 - Text HIV to 70085** 

Proudly sponsored by Avon & Wessex GMB



World AIDS Day is an annual event held on December 1st. It is an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness.

## End inequalities. End AIDS. End pandemics.

This World AIDS Day, UNAIDS is highlighting the urgent need to end the inequalities that drive AIDS and other pandemics around the world.

Without bold action against inequalities, the world risks missing the targets to end AIDS by 2030, as well as a prolonged COVID-19 pandemic and a spiralling social and economic crisis.

Forty years since the first AIDS cases were reported, HIV still threatens the world. Today, the world is off track from delivering on the shared commitment to end AIDS by 2030 not because of a lack of knowledge or tools to beat AIDS, but because of structural inequalities that obstruct proven solutions to HIV prevention and treatment.

Economic, social, cultural and legal inequalities must be ended as a matter of urgency if we are to end AIDS by 2030.

Although there is a perception that a time of crisis is not the right time to prioritise tackling the underlying social injustices, it is clear that without doing so the crisis cannot be overcome.

As well as being central to ending AIDS, tackling inequalities will advance the human rights of key populations and people who are living with HIV, make societies better prepared to beat COVID-19 and other pandemics and support economic recovery and stability. Fulfilling the promise to tackle inequalities will save millions of lives and will benefit society as a whole.

But ending inequalities requires transformative change. Political, economic and social policies need to protect the rights of everyone and pay attention to the needs of disadvantaged and marginalised communities.

We know how to beat AIDS, we know what the inequalities obstructing progress are and we know how to tackle them. The policies to address inequalities can be implemented, but they require leaders to be bold.

Governments must now move from commitment to action. Governments must promote inclusive social and economic growth. They must eliminate discriminatory laws, policies and practices in order to ensure equal opportunity and reduce inequalities. It is time for governments to keep their promises. They must act now, and we must make them accountable.

This World AIDS Day let's remind our governments that global inequalities affect us all, no matter who we are or where we are from. This World AIDS Day let's demand action to end inequalities and end AIDS and all other pandemics that thrive on inequalities.



# **Red Ribbon Campaign**

## Every Year people wear a red ribbon to pledge their support to people living with HIV

The red ribbon continues to be a powerful force in the efforts to increase public awareness of HIV. It has inspired other charities to utilise the symbol, such as the pink breast cancer awareness ribbon.

## Show your Support today!

- 1. Donate to our 2021 Red Ribbon Campaign
- 2. Wear your red ribbon with pride and take a picture!
- 3. Change your social media's to include a World AIDS Day banner



Texts will cost the donation amount plus one standard network rate message, and you'll be opting into hearing more from us. If you would like to donate but don't wish to hear more from us, please text HIVNOINFO instead.

# brigstowe<sup>0</sup> local HIV services

Brigstowe have been delivering HIV specialist services in Bristol and surrounding areas for 25 years. As the landscape of HIV has changed, so have our services but still retaining a core aim: to improve the lives of people living with HIV.



### We support, advise and empower

Our support and advice services include a nationally recognised Peer Support Service and specialist service for migrants and asylum seekers who are living with or affected by HIV. All our services are tailored to individual need. Our aim is to improve the lives of people living with HIV.

### We deliver specialist training

We deliver HIV Awareness Training to community groups, organisations and institutions.

### We campaign and raise awareness

We campaign for the rights and entitlements of people living with HIV on a local and national level. We raise awareness of the facts of HIV, challenging stigma and encouraging testing.

If you are living with HIV and would like to access help and support...

If you are an organisation or community group wanting to learn more about HIV...

If you are an individual keen to lend their voice to campaign for HIV issues...

Please get in touch. Our team would be happy to hear from you. info@brigstowe.org | 0117 955 5038 | www.brigstowe.org

# WORLD AIDS DAY TERRENCE HIGGINS TRUST BRISTOL

This World AIDS Day, we remember those we've lost, join in solidarity with people living with HIV today, and transform the future for everyone by ending HIV transmissions.

This year, we're highlighting the importance of HIV testing. Testing is key to ending HIV transmissions. The sooner people know their status, the quicker they can get on to treatment. Effective treatment helps people to live long, healthy lives with HIV and means they can't pass the virus on. There are lots of options available in Bristol:

Order an STI postal testing kit from <u>www.unitysexualhealth.co.uk</u> or visit one of our testing outreach events which are starting up soon.

### Saturday 27th November 6pm-8.30pm - Watershed

Join THT Bristol at the World AIDS Day celebration event. Available for sexual health advice. Signposting. Condoms and other safer sex materials. Information. We will advertise upcoming testing events and offer bookings.

## Wednesday 1st December 10am-2.30pm - UWE

THT Bristol will have a World Aids Day stand at UWE Bristol SU building to hand out red ribbons and sexual health information about UNITY Sexual Health Services. Exact time TBC. We will also share information on upcoming testing event and offer bookings.

#### Follow us on:

Unity Facebook = Unity Sexual Health @Unitysexhealth

Unity Twitter = <a>@unitysexhealth</a>

Unity Instagram = <u>@Unitysexhealth</u>

To hear about more events, news and send us your queries via FB/Twitter or email.





## November 22nd - December 4th 2021

We are excited to bring you a full programme of events for 2021 with a mix of 'in-person' and 'virtual'

## Monday 22nd November 11am - City Hall/ Raising of the Red Ribbon Flag

To mark the start of our programme, join us outside City Hall on College Green where the Mayor, Marvin Rees will be raising the red ribbon flag. This will be followed by light refreshments served in the Lord Mayor's Chapel.

### Tuesday 23rd November 6pm-7.30pm - Zoom

### **Living Through 2 Pandemics**

Join Dr Max Morris as he presents preliminary results from a study looking at the experiences of people living with HIV and how the response to the COVID-19 pandemic compares and contrasts to the response of the AIDS pandemics. Following the presentation we will have a panel discussion to further discuss the topics and themes raised.

To register: https://www.eventbrite.co.uk/e/living-through-2-pandemics-tickets-194987441687

### Wednesday 24th November 6pm-8pm - Zoom / Chem Sex in the City

<u>The Diversity Trust</u> are again proud to team up with Brigstowe to host another event during their World AIDS Day programme.

This year join us for an online round table discussion on chem sex and the impact on communities.

# **Chem Sex** in the City



Date: Wednesday 24th November 2021

Times: 6-8pm (online)

To book: (email) info@diversitytrust.org.uk



Thursday 25th November 7pm-8pm – Your Home! / ShoutOut Radio: World AIDS Day Takeover 3.0

Join the regular ShoutOut team and Aled as they takeover this well-loved show for an hour of HIV themed conversation. Tune in live on BCfm 93.2fm or online at bcfmradio.com

### Friday 26th November 10pm-late - Queenshilling

Join Brigstowe as we takeover the Queenshilling for a night of dancing, great tunes and fabulousness all whilst raising vital funds. Price: £5 on the door

## Saturday 27th November 6pm-8.30pm – Watershed OR Zoom / World AIDS Day Celebration

We want to make this event as accessible as possible and for all attendees to feel as safe as possible so with that in mind we will be holding a hybrid event. Come in person at the Watershed or join us live on Zoom.

We will hear some important updates from <u>Bristol Fast Track Cities</u>, <u>Common Ambition Bristol</u> and <u>Unity Sexual Health Services</u> intermixed with powerful personal testimonies and a performance from Sing Out Bristol.

To register your preferred option of attendance:

https://www.eventbrite.co.uk/e/world-aids-day-celebration-2021-tickets-195063449027

We would like to take this opportunity to thank Bristol Health Partners and The Bank Tavern for their support with this event

Bristol Health Partners





CHIVA are a Bristol based National Charity working directly with children and young people growing up with HIV and their families. CHIVA provide ongoing direct support to individuals and via groups through peer support, participation, art engagement, clinic visits and our annual support camp.

CHIVA's mission is to ensure that children, young people and families living with HIV become healthier, happier and more in control of their own futures. CHIVA works to ensure young people living with HIV have the treatment and care, knowledge, understanding, skills and wider support needed to live well and achieve their greatest potential.

FIND OUT MORE ABOUT OUR WORK:
Twitter/Youtube/Facebook/Instagram @chivaprojects
Website: www.chiva.org.uk

## 3 things everyone can do on World AIDS Day to support children and young people growing up with HIV:

- **Listen & Learn** something new if you haven't already, watch our film Life Growing Up, or another video on our youtube channel about the lived experiences of children and young people growing up with HIV in the UK.
- Talk about HIV Start conversations with your children, families, colleagues, friends or neighbours about what you have learnt, or what you still what to know. Better awareness and openness can help improve the experiences of people living with HIV and reduce stigma.
- Challenge stigma if you hear or read anything stigmatising about HIV, challenge it. Have those conversations, write those letters, be prepared to put yourself on the line and call out any injustices as you come across them.

We can all play our part.

### Sunday 28th November 4pm-late - Bristol Bear Bar / Drag Bingo

Our lovely friends at Bristol Bear Bar are hosting their monthly Drag Bingo and this one is dedicated to World AIDS Day! So come join in the fun, shout house and help fundraise for Brigstowe.

## Tuesday 30th November 1pm-3pm - Easton Community Centre / HIV Awareness Training

In our commitment to raise awareness and reduce stigma we are offering a free training session of our highly commended HIV Awareness Training. The session will clarify the differences between HIV & AIDS, explain how HIV is transmitted and can be prevented, provide you with up-to-date information on treatment, explore stigma and prejudice, outline where you can get tested and inform you of the support available. This session will include a person living with HIV who will share their experience to help you understand what living with HIV is like today.

Are you a professional supporting service users or do you provide colleague support (team leader/supervisor/HR)? Or are you a person who runs or who is involved in a community group? Or would you just like to know more about HIV? if so this is the event for you!

To register: https://www.eventbrite.co.uk/e/169629294787

## Tuesday 30th November 6.30pm-7.45pm – Watershed / More Than 3 Letters

Come and listen to some powerful personal letters. More Than 3 Letters is Brigstowe's campaign of the year. Letters have been written by people living with HIV addressed to themselves on the day they were diagnosed answering the question, "If you knew then what you do now, what would you tell yourself?"

To register: https://www.eventbrite.co.uk/e/more-than-3-letters-tickets-195104582057

## Wednesday 1st December 6.30pm-7.30pm - St James' Priory / World AIDS Day Vigil

It is also important to provide a space for the community to remember and reflect all of our loved ones we have lost to HIV and AIDS. Join us for our candle lit vigil. We will be joined by various speakers and The Sisters of Perpetual Indulgence. We invite attendees to bring their own personal thoughts, reflections or readings if they would like to share.

To register: https://www.eventbrite.co.uk/e/world-aids-day-vigil-2021-tickets-195119165677

### Saturday 4th December 9pm til late – Don't Tell Your Mother!

Follow Don't Tell Your Mother on their social media channels for further information!



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positive change together

Show your support to people living with HIV this World AIDS Day.

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Would you like to influence the perception of sexual health and HIV within your community?

## Do you want to be a changemaker?

Join our new project to empower people from BAME communities across Bristol to make that change. We are working with community groups, faith leaders, students and BAME individuals to train community champions to:

- · Challenge HIV stigma
- · Promote good sexual health
- · Be a supportive voice within your community
- · Develop leadership skills
- Make a difference

We will support you to promote HIV and sexual health awareness in your community. Check our website for upcoming dates.

#### Not BAME but still interested in training?

We are also available to deliver awareness training and information sessions for local organisations, services and community groups working with and for BAME communities. Visit our website for more details.

Email: champions@tht.org.uk

Call: 07768 607350

Visit: www.tht.org.uk/champions







Everyone needs friends and we at Brigstowe are no different.

Support people living with HIV in Bristol by making a regular monthly donation to Brigstowe

£10 per month means that a destitute client can travel to attend events and workshops and meet other people living with HIV.

£25 per month for a year means that someone newly diagnosed can meet with a Peer Mentor every week for 6 months.

Set up your regular donation today and become a **Friend of Brigstowe**. Thank you.

Visit our website: www.brigstowe.org or give us a call 0117 955 5038



## brigstowe<sup>o</sup>

local HIV services

**Tel:** 0117 955 5038 **Email:** info@brigstowe.org **Web:** www.brigstowe.org **Twitter:** @brigstoweinfo

Facebook: www.facebook.com/brigstowe Instagram: @brigstowe